

# Driving Down Vehicle Miles Traveled in Washington

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# Driving Down Vehicle Miles Traveled in Washington

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04/24/2025 – 2025 APWA WASHINGTON CONFERENCE



Washington State  
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ENERGY



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COMMUNITY SERVICES AND FACILITIES



CRIME VICTIMS AND PUBLIC SAFETY



ECONOMIC DEVELOPMENT

# Presentation at a Glance

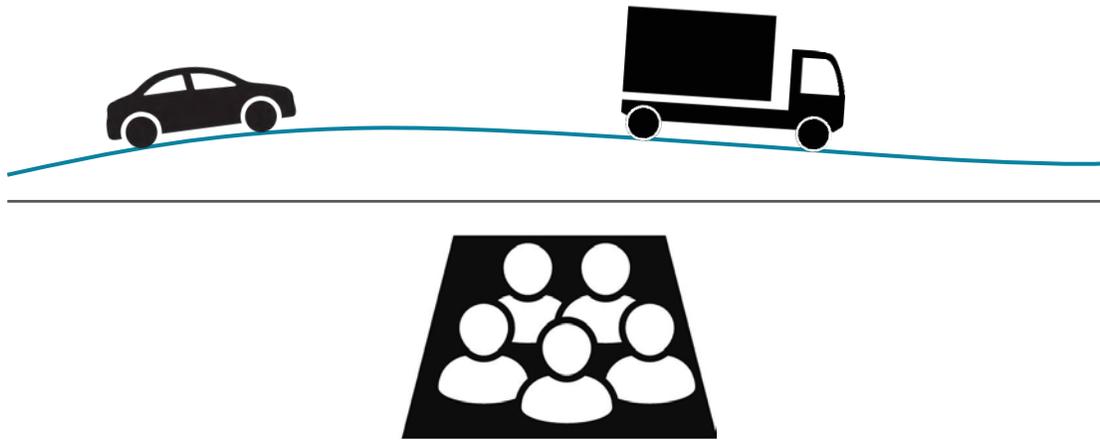
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- What is Per Capita Vehicle Miles Travelled (VMT) and why should we care?
- Where are we in terms of reducing per capita VMT?
- Per capita VMT Reduction Requirements and Planning Guidance
- Available VMT Data
- Key Resources



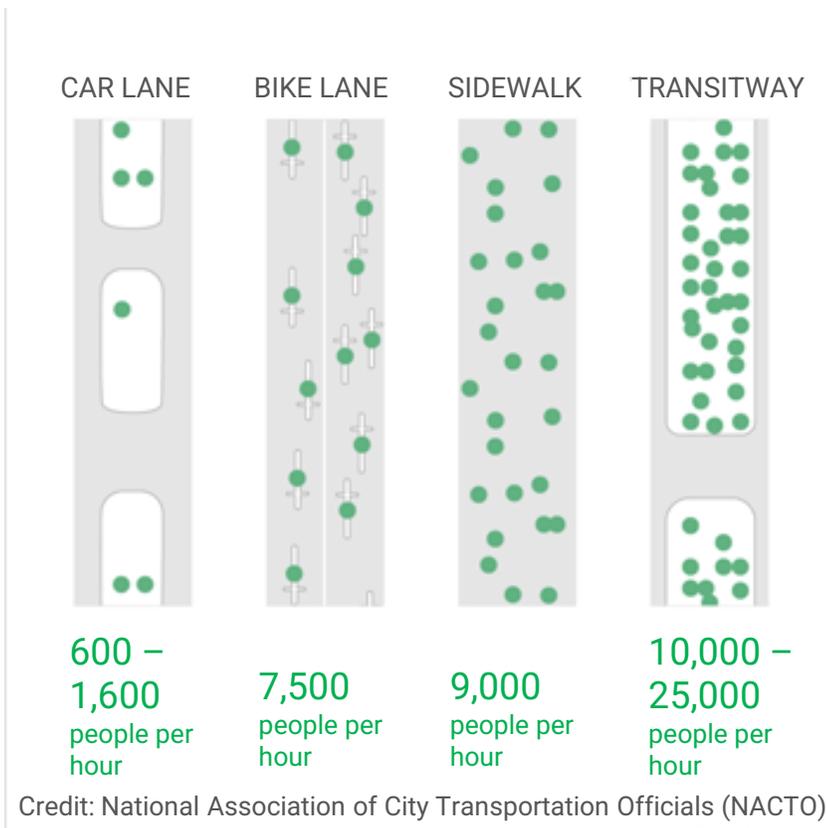
# What is Per capita VMT?

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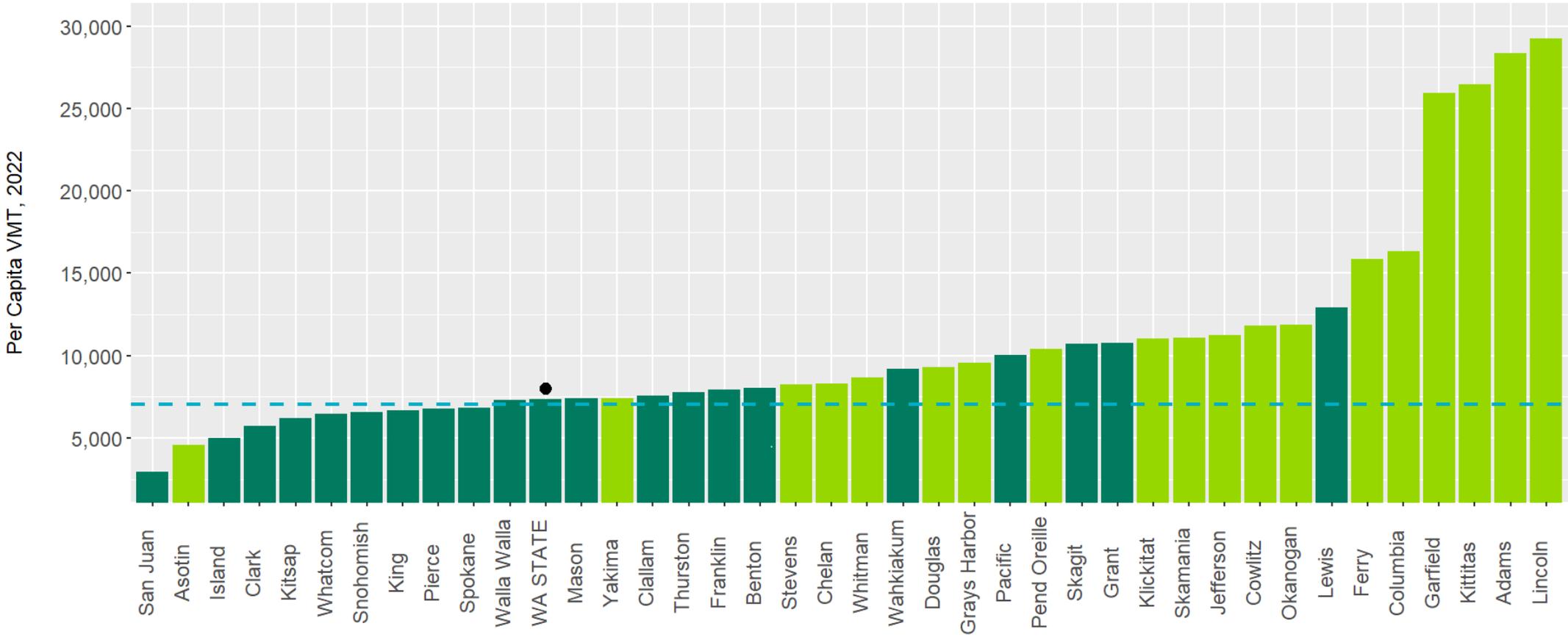
"Per capita vehicle miles traveled" means **the number of miles traveled** using cars and light trucks in a calendar year **divided by the number of residents** in Washington.  
(RCW 36.70A.030)

# Per capita VMT – Why should we care?



- Accommodating more cars requires space
- Reducing inefficiencies due to congestion
- Addressing greenhouse gas emissions
- Improving safety
- Enhancing health and equity

# Per Capita VMT – Where are we now?



Courtesy: WSDOT

— 2020 light duty goal (7,065)    Change 2008 to 2022    ● Decrease    ● Increase

# Requirements



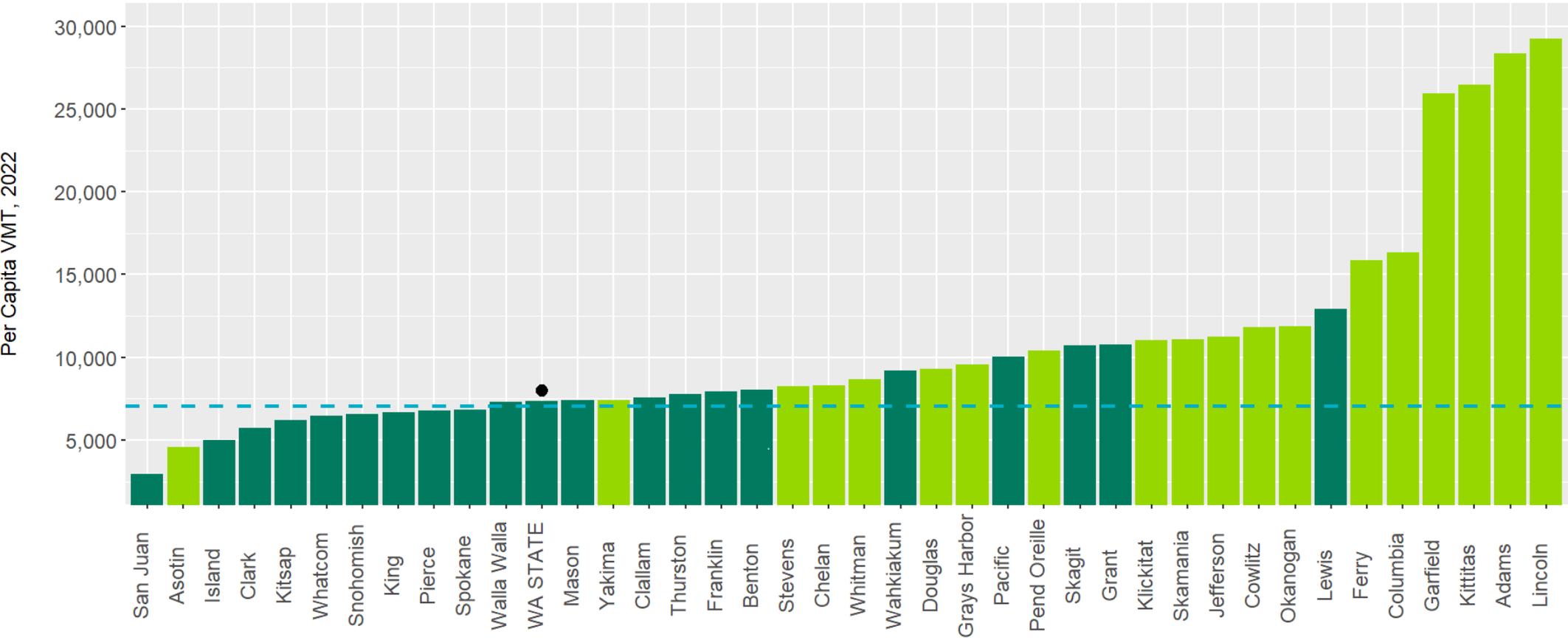
# HB 1181 Requirements

Changes to Growth Management Act (GMA) require:

- **Climate Resilience Sub-element:** mandatory for jurisdictions fully planning under the GMA and encouraged for others
- **Greenhouse Gas Emissions Reduction Sub-element:** mandatory for 11 counties and their cities with population over 6,000.
- **Changes to land-use** [[RCW 36.70A.070 Sec.1](#)] **and transportation elements** [[RCW 36.70A.070 Sec. 6](#)] and their applicability [[HB1181 Sec 4](#)]

Both Sub-elements Required	Year Due
Benton	2026
Clark	2025
Franklin	2026
King	2029
Kitsap	2029
Pierce	2029
Skagit	2025
Snohomish	2029
Spokane	2026
Thurston	2025
Whatcom	2025
Counties & cities over 6,000 pop.	

# Per Capita VMT – Where are we now?



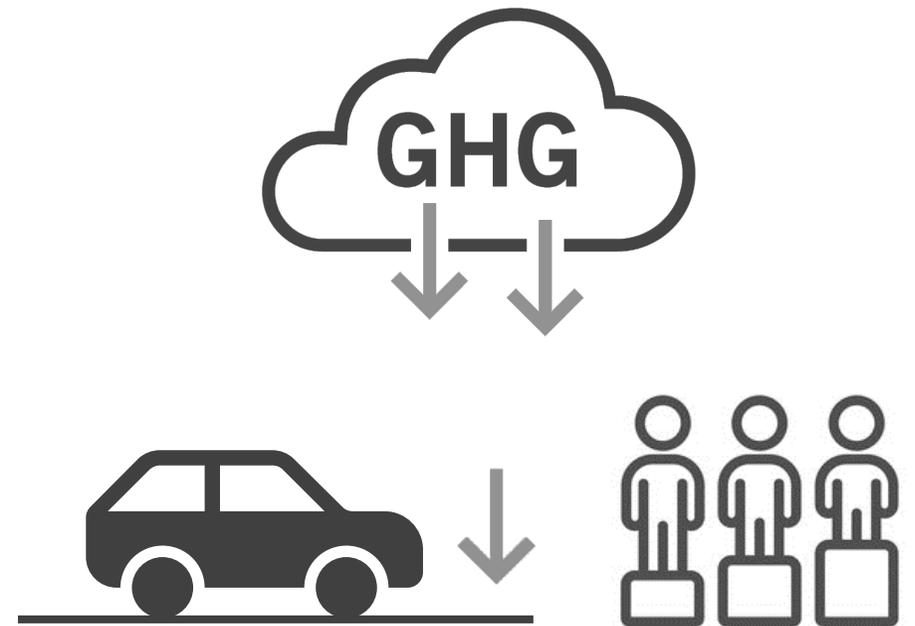
Courtesy: WSDOT

— 2020 light duty goal (7,065)    Change 2008 to 2022    ● Decrease    ● Increase

# Greenhouse Gas Reduction Sub-element

## Minimum Requirements:

- Reduce GHG emissions generated by transportation and land use
- Reduce per capita Vehicle Miles Traveled
- Prioritize reductions that benefit overburdened communities to maximize the co-benefits of reduced air pollution and environmental justice



# Implementation Progress

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## Five-year progress report [\[RCW 36.70A.130\(9\)\(a\)\]](#)

- Mandatory for jurisdictions required to develop GHG emissions reduction subelement
- Report progress toward **GHG and VMT reduction actions**
- Identify actions where jurisdiction has not made progress
- Plan to implement identified lagging actions within the next two years



# Planning Guidance & Resources



# Pathways for GHG Sub-element

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## PATHWAY 1

### Emissions Estimate:

1. Gather Information
2. Develop Emissions Estimates
3. Evaluate Sources
4. Set **Targets**<sup>1</sup>
5. Develop Measures
6. Integrate Measures
7. **Evaluate Progress**<sup>2</sup> (where possible)

## PATHWAY 2

### VMT Study:

1. Determine Scope & Scale
2. Acquire VMT Data
3. Evaluate Sources
4. Set **Targets**<sup>1</sup>
5. Develop Measures
6. Integrate Measures
7. **Evaluate Progress**<sup>2</sup>

## PATHWAY 3

### GHG Inventory:

1. Determine Scope & Scale
2. Collect Data as per Methodology
3. Evaluate Sources
4. Set **Targets**<sup>1</sup>
5. Develop Measures
6. Integrate Measures
7. **Evaluate Progress**<sup>2</sup>

<sup>1</sup> **Targets:** With 2022 as baseline year, set targets to achieve net zero emissions by 2050 as per the statewide target

<sup>2</sup> **Progress:** Valuation should be conducted at least every 5 years to report progress

# Available VMT Data

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- **Highway Performance Monitoring System (HPMS)**

- Federal data
- Total VMT provided
- Based on route ownership
- Pass through travel included
- Data available at county & city level
- Data available at city level for 2022
- Available through WSDOT, [Annual mileage and travel information](#)

- **StreetLight**

- Big data
- Per capita VMT provided
- Based on origin & destination
- Pass through travel not included
- Data available at Block Group level
- Data available for 2019
- Available through [VMT+ | Providing VMT Per Capita Estimates](#)

# VMT Reduction Targets & Guidance

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- Adopted statewide VMT reduction targets ([RCW 47.01.440 Sec 1a](#))
- State's support related to per capita VMT reduction planning:
  - WSDOT guidance for per capita VMT reduction planning: [Vehicle Miles Traveled \(VMT\) Targets - Final Report, June 2023](#)
  - WSDOT is working with Regional Transportation Planning Organizations (RTPOs) to build their capacity for helping local jurisdictions with per capita VMT reduction planning

# Measures to Reduce Per Capita VMT

- **Demonstration of Climate Policy Explorer**  
[Climate Policy Explorer \(arcgis.com\)](https://arcgis.com)

Basic **Advanced** Resources ⓘ

GHG Subelement Requirements  
Reduce VMT

- Reduce GHG emissions
- Reduce VMT
- Improve Equity

Reset Select all

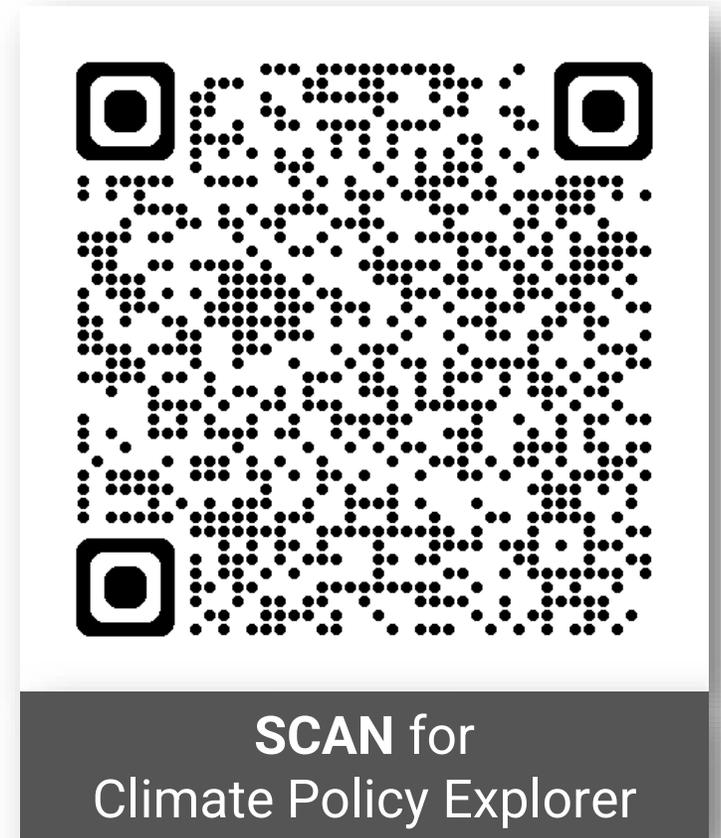
**High Priority**

- Improve transit speed, frequency, coverage, and reliability.
  - Policy - ID#: AI.03

**High Priority** GOAL

- Foster higher-intensity land uses in mixed-use urban villages and transit corridors.
  - Goal - ID#: C

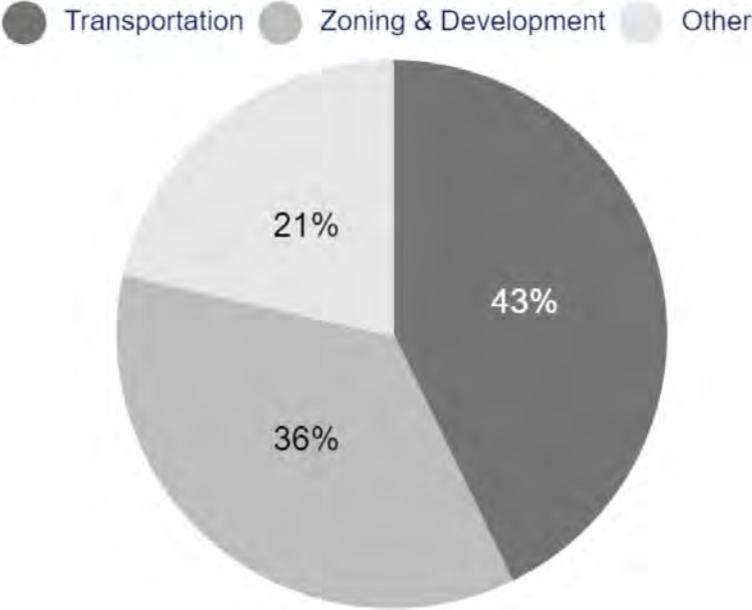
Total # of Measures that meet selected criteria:  
**40**



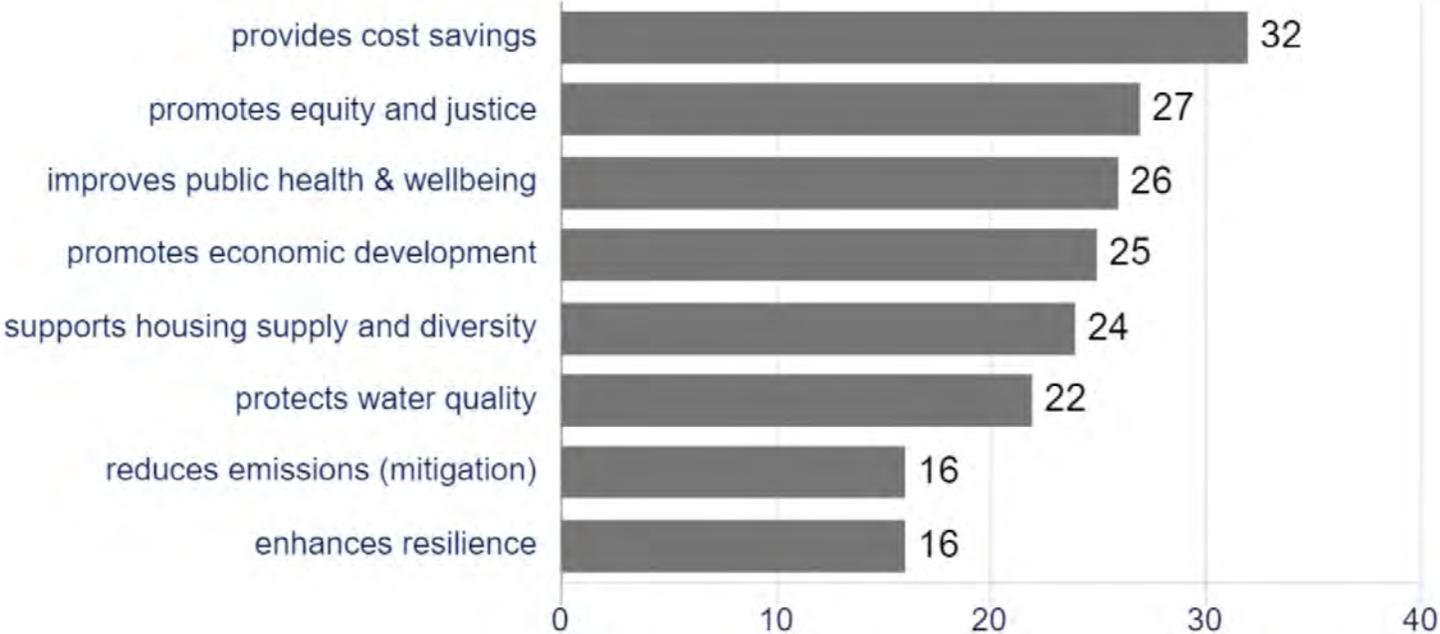
# Measures to Reduce Per Capita VMT

## 40 measures that satisfy per capita VMT reduction requirement

VMT reduction measures by sector



Co-benefits provided by VMT reduction measures



# Guidance for Implementation Progress

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## Commerce's guidance for implementation progress

- Work in Progress
  - Contact Mary Reinbold [[mary.reinbold@commerce.wa.gov](mailto:mary.reinbold@commerce.wa.gov)]
- Progress Tracking Metrics in Climate Policy Explorer (**updates will be available soon**)
- Washington Local Emissions Estimator (WaLEE) (**December, 2025**)

# Thank you!

Climate & Ecosystem Section

[gmsclimate@commerce.wa.gov](mailto:gmsclimate@commerce.wa.gov)

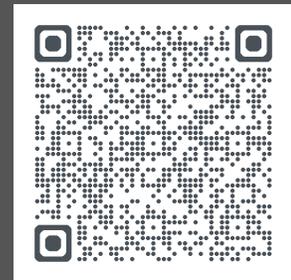


Washington State  
Department of  
**Commerce**

[www.commerce.wa.gov](http://www.commerce.wa.gov)



SCAN for  
**Climate  
Program  
Website**



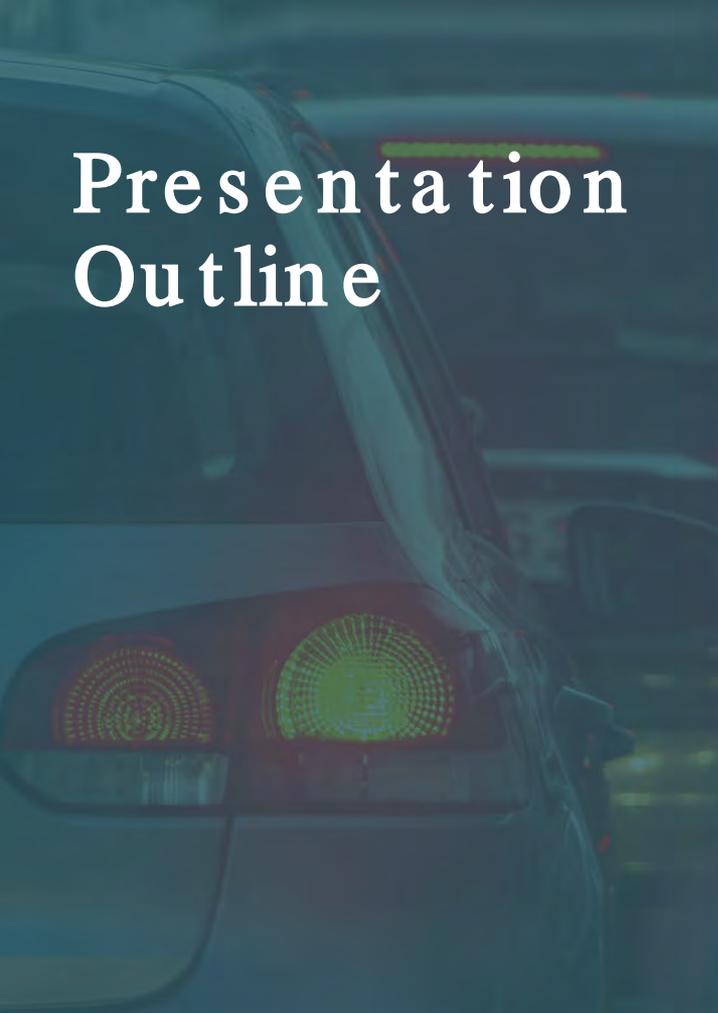
# Driving Down Vehicle Miles Traveled in Washington

FEHR  PEERS

**Marissa Milam**  
Senior Transportation  
Planner

April 24, 2025



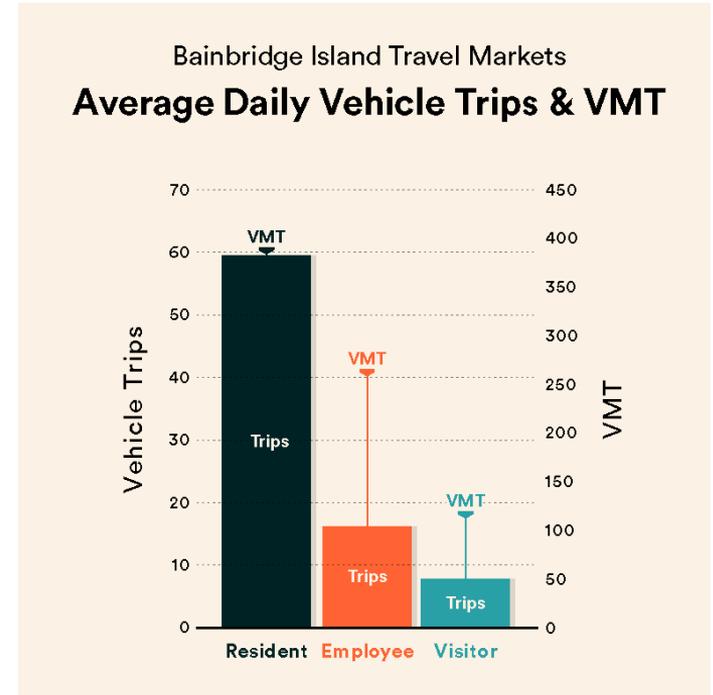


# Presentation Outline

- How to identify effective VMT reduction strategies
- Technical tools and their applicability for VMT reduction analysis
- Broader lessons learned in VMT analysis

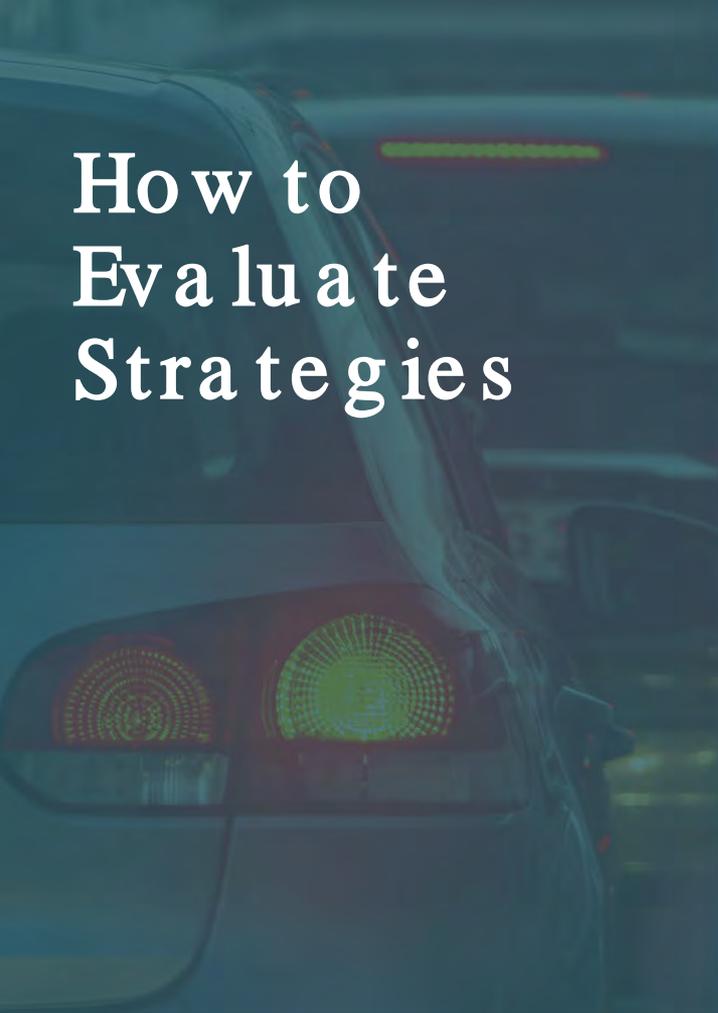
# Travel Markets for VMT Reduction

- Need to determine current VMT, and which VMT the City has control over
- Leveraged multiple data sources to create travel markets to identify share of vehicle trips and VMT
- Use travel markets to effectively analyze VMT reduction strategies



# Choosing VMT Reduction Strategies





# How to Evaluate Strategies

## Questions to address:

- What are the impacts of existing state/federal policies?
- Who do the strategies impact?
- How extensive do the strategies extend geographically?
- How much investment is needed to achieve the reduction targets?
- What is the timescale, phasing, and implementation considerations of each strategy?
- What is the balance between the cost efficiency of a strategy versus the scale of reduction a strategy can provide?
- What direct or indirect control do cities and other agencies have with each of the strategies?

# Tools and Resources

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Data, tools, and analytical procedures to analyze VMT



**Existing data for baselining travel behavior and developing quick response tools**

- VMT+ Dataset
- Big Data
- HPMS WSDOT data
- Household travel surveys
- Census data



**Travel demand model modifications and post processors**

- Develop existing and future VMT forecasts
- Test regional VMT reduction strategies
- Evaluate impact of travel behavior changes on VMT
- Develop transportation GHG emissions inventories



**Tools to evaluate/develop VMT mitigation strategies**

- Commerce Climate Policy Explorer
- CAPCOA
- TDM+
- National research and resources

# Big Data

## VMT+ | Providing VMT Per Capita Estimates

Derived from 2019 StreetLight Data

### VMT Explorer

This map shows per-capita vehicles miles traveled (VMT) by block group categorized in two ways. Home Based VMT represents all the VMT generated by household travel from residents within the block group. Employment VMT represents all the commute VMT related to all the people who work in the block group.

Average Home Based VMT:

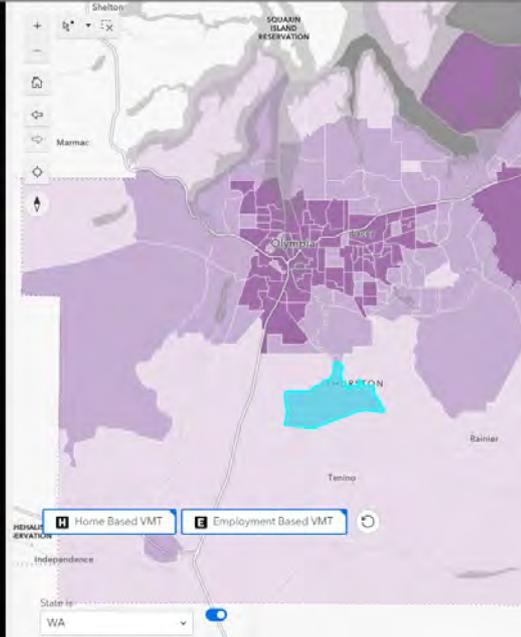
25.38

Average Employment Based VMT:

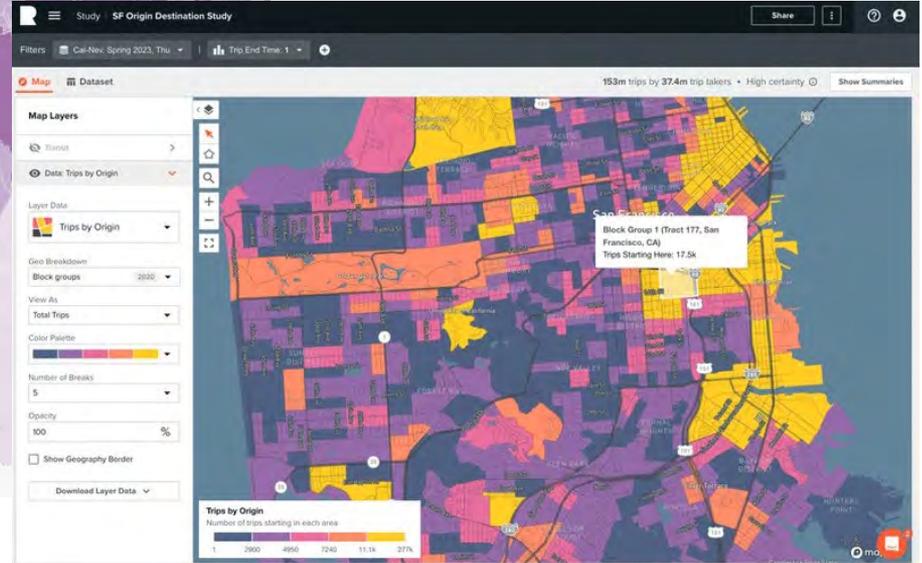
23.53

### Your Block Group Data 530670126.101

Employment Based VMT	23.53
Home Based VMT	25.38
Comparison to County Employment Based VMT	More than 15% higher than County average
Comparison to County Home Based VMT	+15% of the County average Based VMT



## Replica Places Model



## StreetLight VMT+ Data

# Travel Model Tools

Method	Analysis Application	Approach	Formula	Trip Types Included <sup>(4)</sup>	Full Accounting?		Source	
					Trip Length	Trips		
<b>Boundary<sup>(1)</sup></b>		Air Quality	Estimates/forecasts VMT for a specific boundary area like the City of Elk Grove	Volume x Distance (for all model links in the boundary)	II IX XI XX	Does not account for entire trip length	Includes all trips on the network (including commercial vehicle trips)	Assigned model roadway network
<b>OD<sup>(2)</sup></b>	<b>VMT Generated by project</b>	GHG	Estimates/forecasts VMT based on all trips that have one end in a project location	Trips x Trip Length	II IX XI	Fully accounts for entire trip length within SACOG region	Includes trips with one leg at the project location, excludes intermediate stops	Model origin-destination trip matrix
	<b>RTAC<sup>(3)</sup></b>	GHG (alternative methodology)	Estimates/forecasts VMT based on all trips that have one end in a project location	Trips x Trip Length	II 50% IX 50% XI	Fully accounts for entire II trip length within SACOG region but attributes on half of IX-XI to project	Includes trips with one leg at the project location, excludes intermediate stops	Model origin-destination trip matrix
	<b>Tour-Based (VMT efficiency)</b>	Transportation (SB 743)	Estimates/forecasts VMT based on tours generated by a project, more details on "VMT Efficiency" tab	Trips x Trip Length	II IX XI	Fully accounts for entire trip length including trips outside of SACOG region	Includes intermediate stops, more details on "VMT Efficiency" tab	DAYSIM travel diary

<sup>(1)</sup> Boundary method includes commercial vehicle trips

<sup>(2)</sup> "OD" = Origin-Destination based VMT

<sup>(3)</sup> RTAC = Regional Targets Advisory Committee

<sup>(4)</sup> Trip types included:

II – Internal to Internal Trips

IX – Internal to External Trips

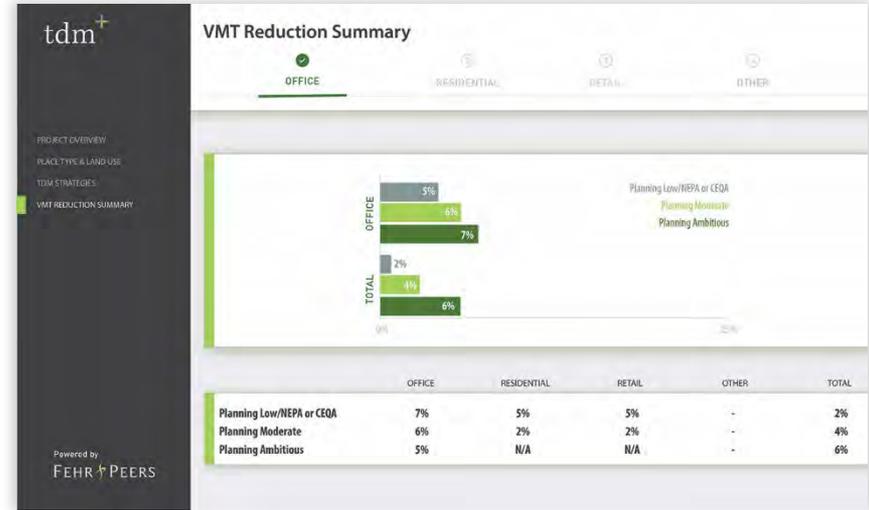
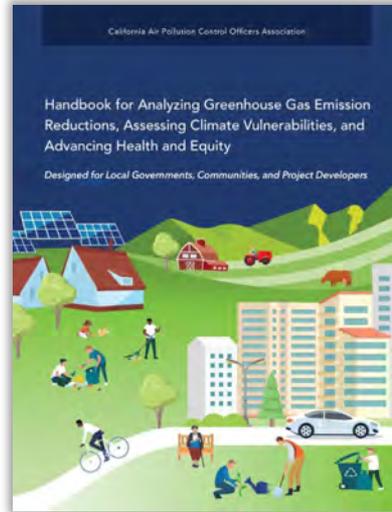
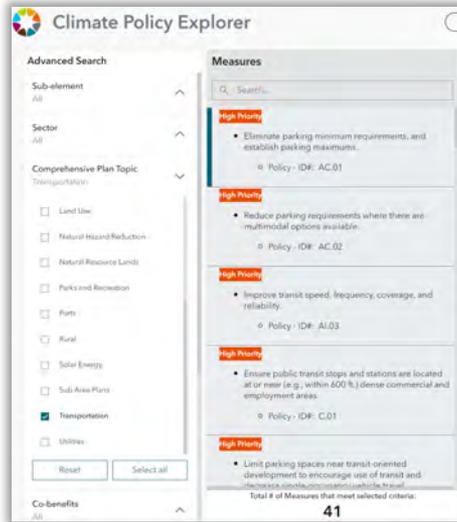
XI – External to Internal Trips

XX – External to External (Through) Trips

Example:



# Tools for VMT reduction strategies



Different tools available for:

- Policy and strategy identification vs. analysis
- Type of VMT reduction
  - Project vs. community scale
  - Land use context

# Broader Lessons Learned

- Leverage multiple data sources to understand current travel behavior
  - Travel models
  - Census/ LEHD
  - “Big Data” (e.g., StreetLight)
  - Travel surveys
- Strategies: direct jurisdictional control vs. partnerships
- Iterative modeling process
- Near-term focus on multimodal improvements

# Broader Lessons Learned

## King County

### Scenarios Tested to Meet Reduction Targets

Scenario	Inputs/Assumptions			VMT Per Capita (% Reduction from 2017) <small>Target: 33-37% Reduction by 2040</small>
	Regional Transit Service	% of Growth Allocated to Urban + Transit-oriented Suburban Areas**	Equitable Vehicle Pricing Amounts	
 <b>Vision 2050</b> <small>(Scaled to 2040)</small>	 <b>METRO CONNECTS</b>	<b>85%</b>	 <b>\$0.13/mile</b>	 <b>11% Reduction</b>
 <b>Combined Scenario</b>	 <b>1-1.5x METRO CONNECTS</b>	 <b>Same as Land Use Scenario</b>	 <b>\$0.40-0.60/mile</b>	 <b>33% Reduction</b>

\*\* Urban: Large proportion of City of Seattle near transit  
 Transit-oriented suburban: Areas near planned high-frequency transit within the County

# Multimodal Improvements

## All Ages & Abilities Bike Facilities are ...

### Safe

More people will bicycle when they have safe places to ride, and more riders mean safer streets. Among seven NACTO cities that grew the lane mileage of their bikeway networks 50% between 2007–2014, ridership more than doubled while risk of death and serious injury to people biking was halved.<sup>6</sup> Better bicycle facilities are directly correlated with increased safety for people walking and driving as well. Data from New York City showed that adding protected bike lanes to streets reduced injury crashes for all road users by 40% over four years.<sup>7</sup>

### Comfortable

Bikeways that provide comfortable, low-stress bicycling conditions can achieve widespread growth in mode share. Among adults in the US, only 6–10% of people generally feel comfortable riding in mixed traffic or painted bike lanes.<sup>8</sup> However, nearly two-thirds of the adult population may be interested in riding more often, given better places to ride, and as many as 81% of those would ride in protected bike lanes.<sup>9</sup> Bikeways that eliminate stress will attract traditionally under-represented bicyclists, including women, children, and seniors.

### Equitable

High-quality bikeways expand opportunities to ride and encourage safe riding. Poor or inadequate infrastructure—which has disproportionately impacted low-income communities and communities of color—forces people bicycling to choose between feeling safe and following the rules of the road, and induces wrong-way and sidewalk riding. Where street design provides safe places to ride and manages motor vehicle driver behavior, unsafe bicycling decisions disappear,<sup>11</sup> making ordinary riding safe and legal and reaching more riders.



# Thank you!

Marissa Milam

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FEHR  PEERS

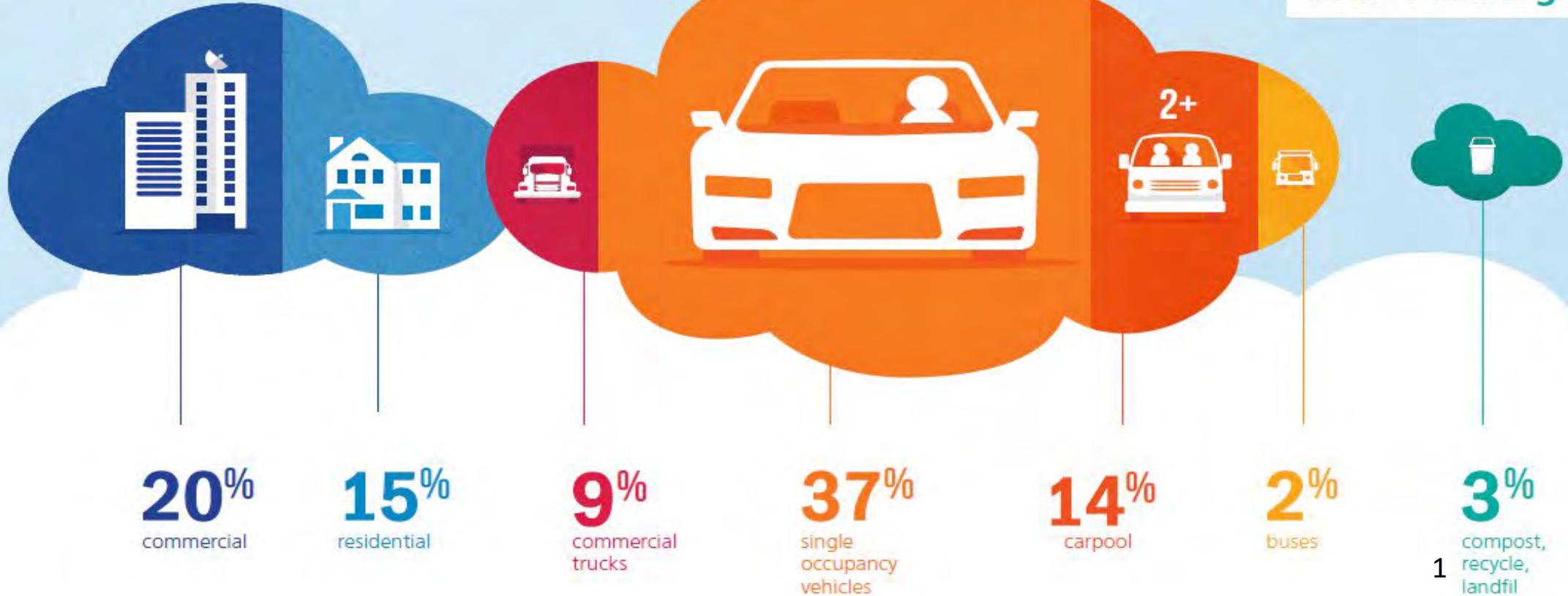


# Seattle Core Emissions Sources

road transportation

building energy

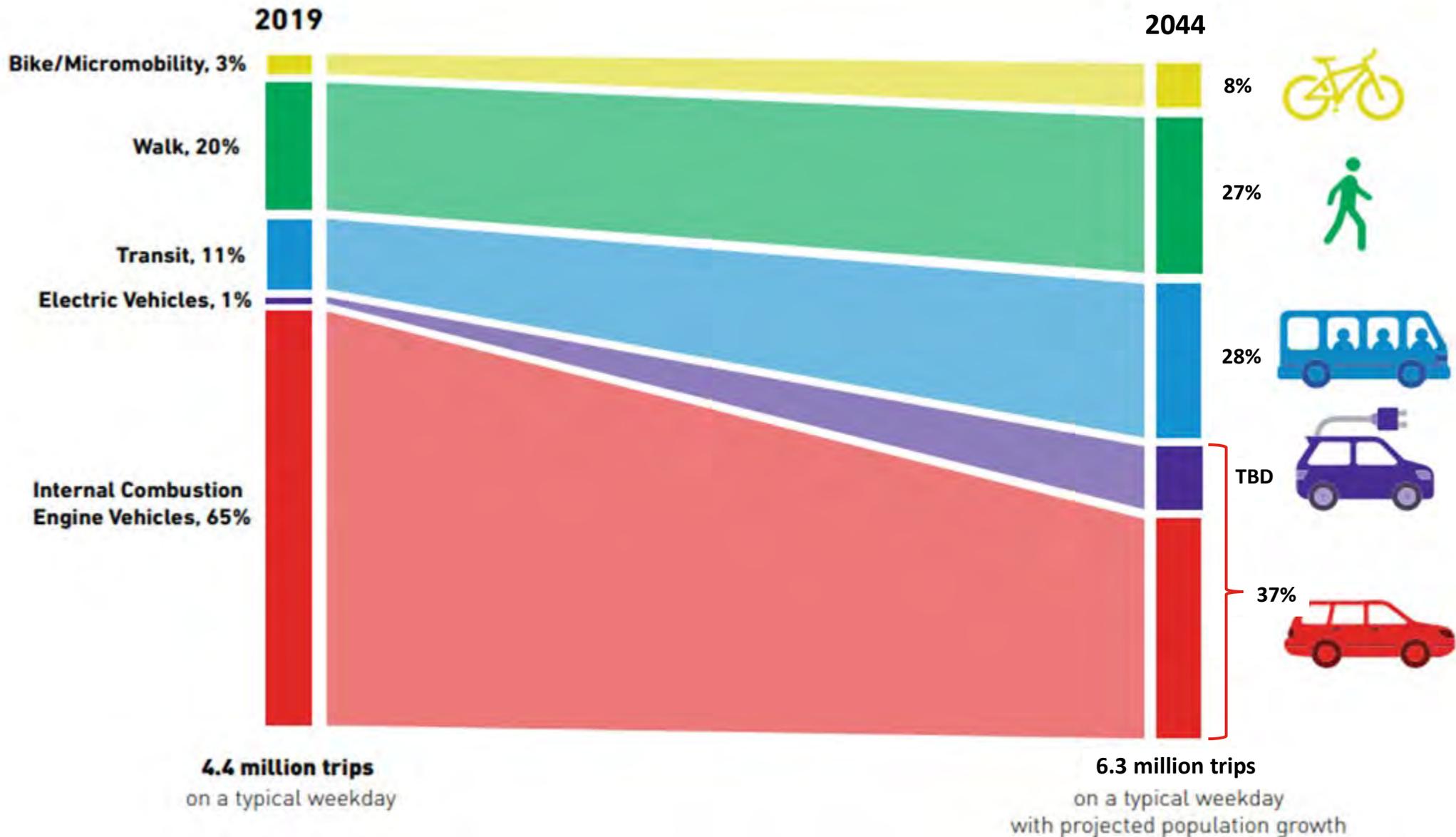
waste management



# Strategies to Reduce VMT

Land Use Coordination	Pricing	Improve Options	Encouragement Programs
Compact, mixed-use, walkable communities organized around high-capacity transit (-30+%)	Roadway pricing (e.g., tolls, RUC, cordon) (-10%)	Transit service and capital investments (-15%)	CTR/TDM (-3%)
Off-street parking regulations (>>>)	Parking pricing, incentives (-30%)	Walking (-6%) and bicycling (-1%) infrastructure	Safe routes to school
Alternative mode investments		Shared mobility services	Encouragement programs (-4%)
VMT development fees		Tele-everything	Open streets events

# 2044 Mode Split Targets



# Land Use Coordination: Growth Strategy



Urban Center



Link Light Rail



Neighborhood Center



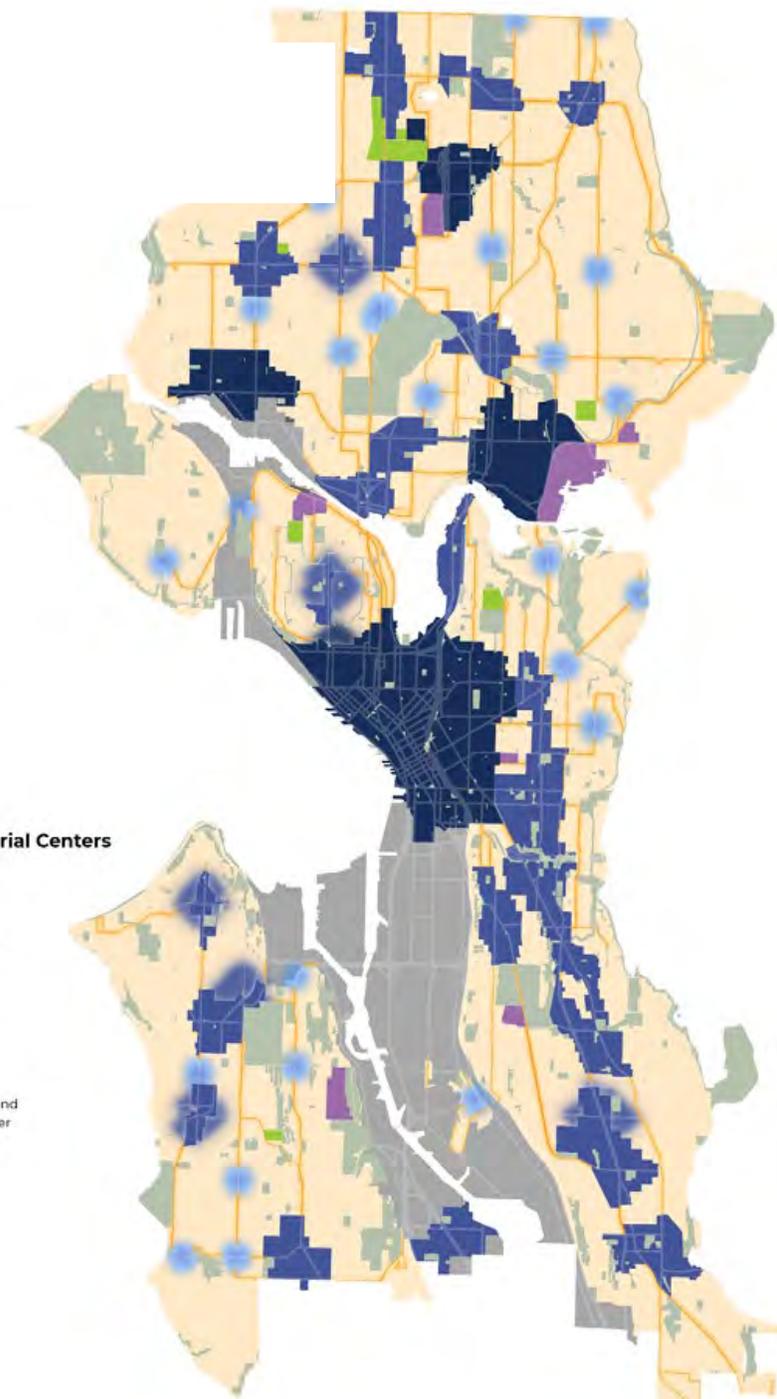
RapidRide bus rapid transit

## Place Types

-  Regional Center
-  Urban Center
-  Neighborhood Center
-  Manufacturing & Industrial Center
-  Urban Neighborhood
-  Expanded Regional or Urban Center
-  New Urban Center

## Other Areas

-  Industrial outside Manufacturing & Industrial Centers
-  Major Institution
-  Parks and Open Space
-  Cemetery
-  Frequent Transit Route  
Frequent transit network, existing and future, along which zoning for higher density housing will be considered.



# Pricing

## Existing Pricing Strategies

- Gas tax
- Car tab fees
- Off-street parking taxes and on-street rates

## Potential Parking Pricing Strategies

- Untapped parking tax
- Expand on-street, paid parking areas

## Other/regional strategies?

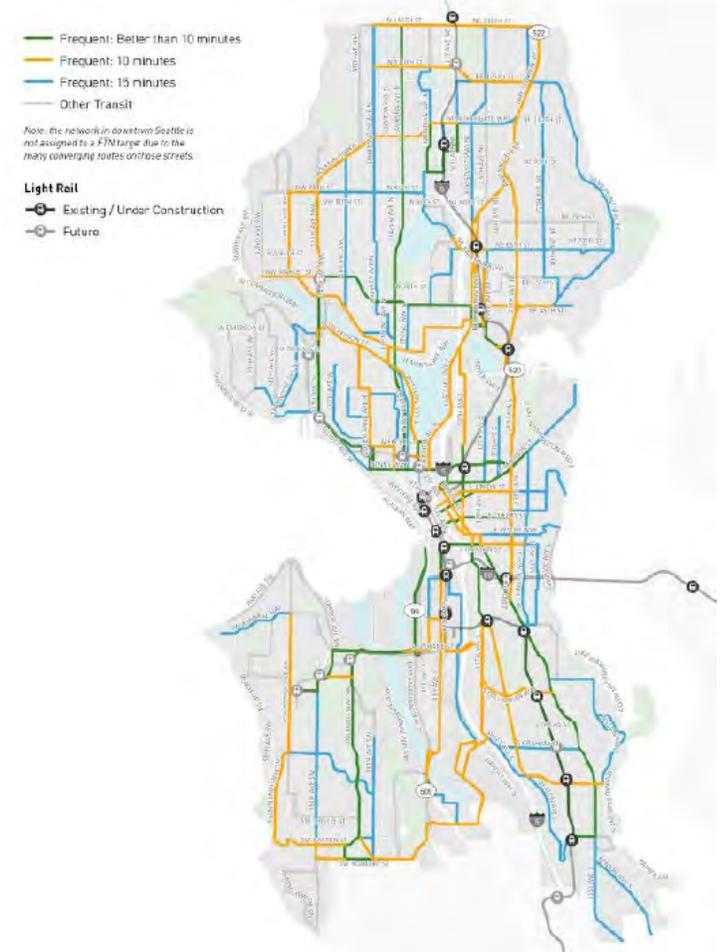
- Roadway user charge (per mile)
- Expanded tolling



# Improve Options: Transit Service



Figure 4: Frequent Transit Network Targets



# Improve Options: Transit Capital



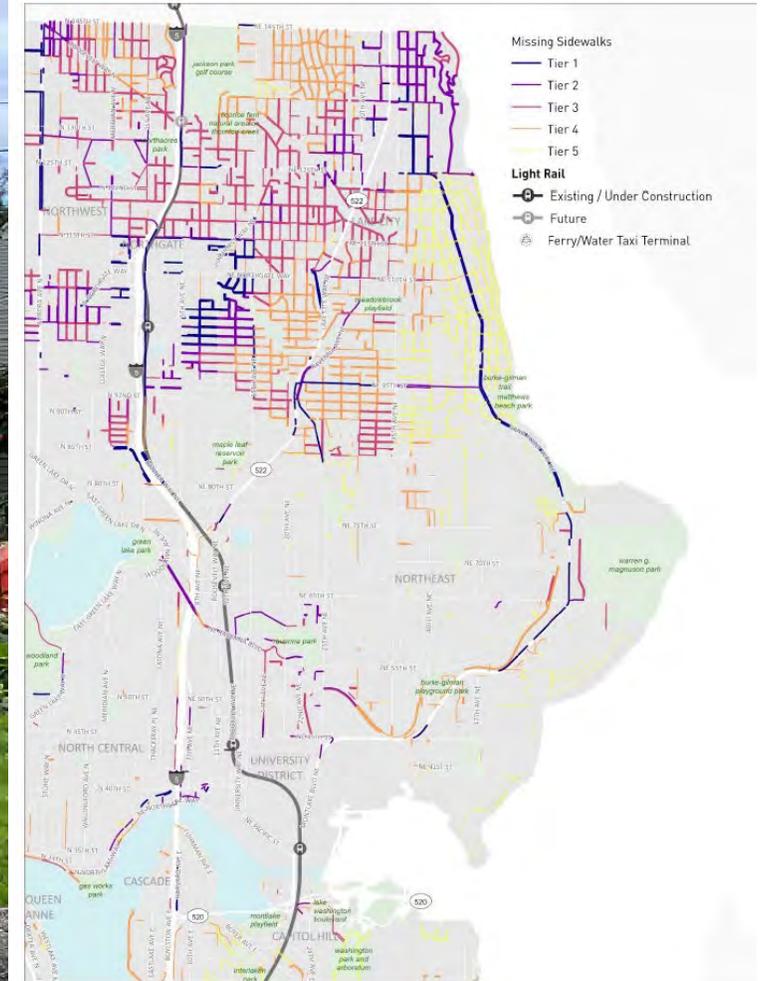
Figure 5: Transit Capital Investment Corridors



# Improve Options: Walking



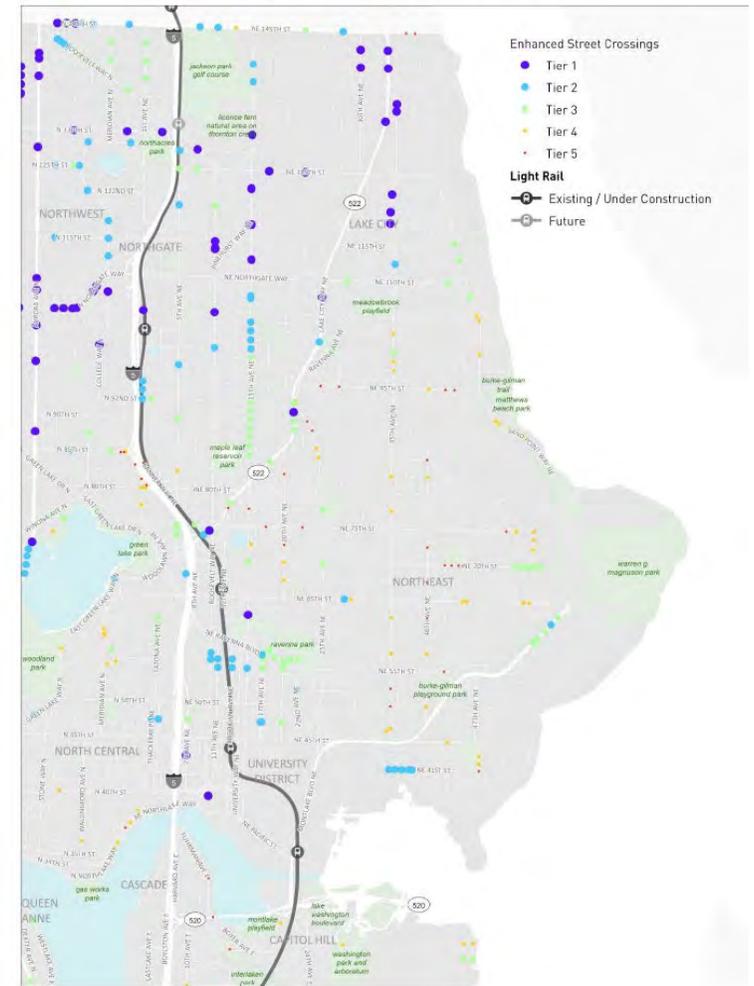
Figure 5: Missing Sidewalks Priority Investment Network (Northeast)



# Improve Options: Walking



Figure 18: Enhanced Street Crossings Priority Investment Network (Northeast)



# Improve Options: Bicycling



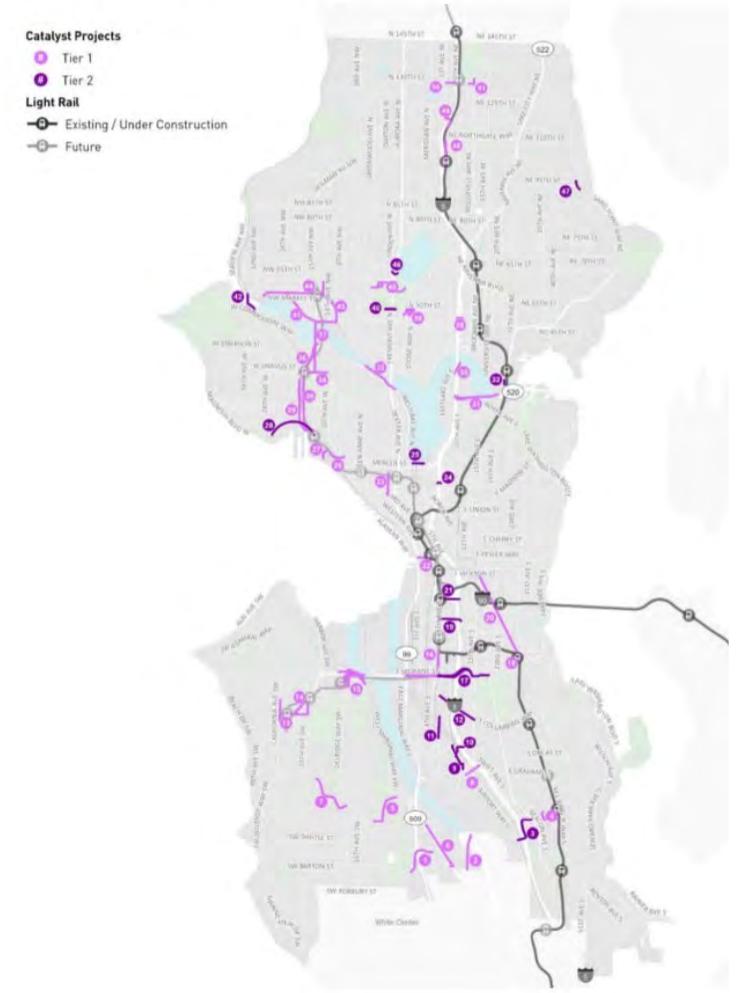
Figure 12: Future Bicycle and E-Mobility Network Vision



# Improve Options: Bicycling



Figure 13: Bicycle and E-Mobility Catalyst Projects



# Encouragement Programs



# Carbon Reduction Co-Benefits

For each \$1 invested

\$8 - 10 in co-benefits



**Safety** - Less driving and safer streets lead to fewer crashes, injuries, and deaths.



**Health** - Shifts to walking, biking, and active modes enable increased physical activity and health savings. Reductions in driving and increasing electrification reduce harmful air pollution.

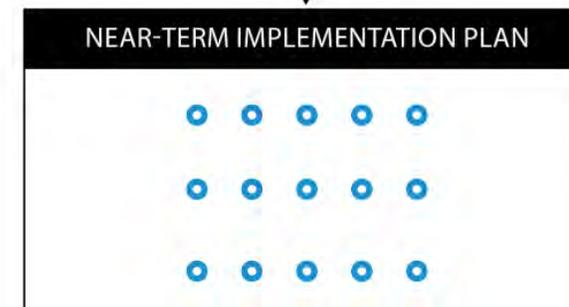
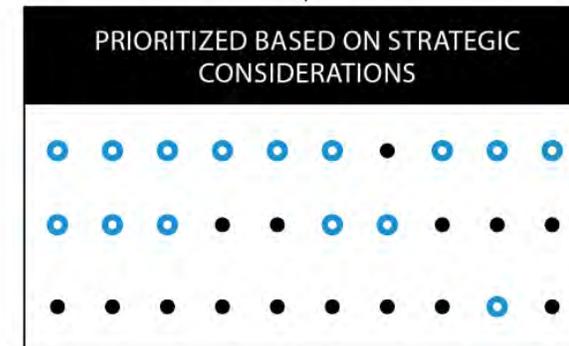
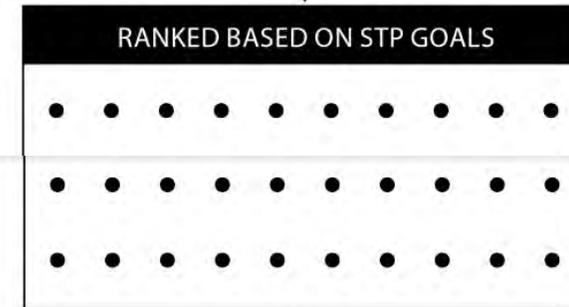
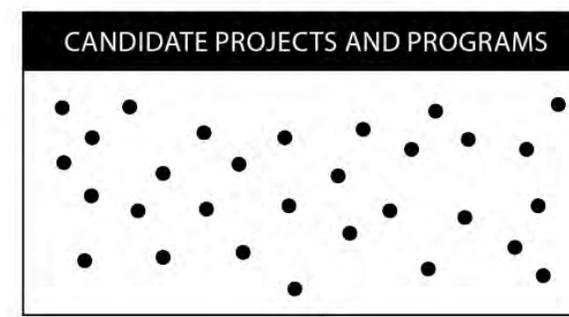


**Neighborhood Economic Benefits** - By driving less, households reduce their transportation costs and have more money to support local businesses and economies. Investments in walking, biking, and transit increase foot traffic and street-level activity.

*Co-benefits are based on the estimated reduction in vehicle miles traveled from CCI of Transportation's Benefit-Cost Analysis Guidance for Discretionary Grant Programs*

# VMT as a Prioritization Tool

- VMT reduction potential is our Sustainability measure
- Used for both projects and programs



- Drawn From:**
- STP Networks
  - Community input
  - Other plans and programs
  - Vision Zero
  - Sound Transit 3
  - Climate Change Response Framework
  - Transportation Equity Framework

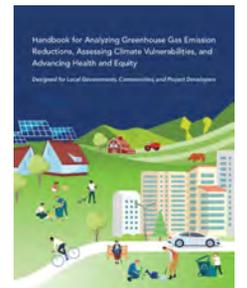
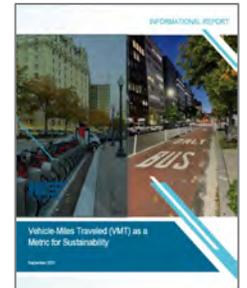
- Quantitative Assessment of:**
- Safety
  - Equity
  - Sustainability
  - Mobility & Economic Vitality
  - Livability
  - Maintenance & Modernization

- Qualitative Assessment of:**
- Legal requirements
  - Grant fitness
  - Leveraging opportunities
  - Existing commitments
  - Community support
  - Timing of related or partner investments
  - Emergent needs

- Aligned with Available Funding:**
- Prioritized set of projects
  - Prioritized set of program activities
  - Updated every ~4 years

# Learn More

- Are Vehicle Travel Reduction Targets Justified?: Why and How to Reduce Excessive Automobile Travel
  - Todd Litman, Victoria Transport Policy Institute (2023)
- Vehicle-Miles Traveled as a Metric for Sustainability
  - ITE Informational Report (2023)
- Handbook for Analyzing Greenhouse Gas Emission Reductions, Assessing Climate Vulnerabilities, and Advancing Health and Equity
  - California Air Pollution Control Officers Association (2021)
- Climate Change Response Framework
  - City of Seattle (2023)



# Key Resources

- Climate Planning
  - [Climate Planning Website](#) (Commerce)
- Information Resources
  - [Intermediate Planning Guidance](#) (Commerce)
  - [Climate Policy Explorer](#) (Commerce)
  - [Vehicle Miles Traveled \(VMT\) Targets - Final Report, June 2023](#) (WSDOT)
  - [Annual mileage and travel information](#) (WSDOT)
    - Contact Heath Bright at WSDOT ([BRIGHTH@wsdot.wa.gov](mailto:BRIGHTH@wsdot.wa.gov)) for HPMS VMT data
  - [VMT+ | Providing VMT Per Capita Estimates](#) (Fehr & Peers)
  - [TDM+ Quick Response Tool](#) (Fehr & Peers)
  - [CAPCOA GHG Reduction Handbook](#) (California Air Pollution Control Officers Association)
  - GHG Emissions Inventory for 11 fastest growing counties (Commerce)
    - Available June 2025

# Thank you!

## Questions?

**Jonathan Lewis**

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